

# THE CLEARFORK WAY

*Stand at the crossroads and look;  
ask for the ancient paths,  
ask where the good way is, and walk in it,  
and you will find rest for your souls  
-Jeremiah 6:16*



## **STAND** at the crossroads.

Stand up, stand still, and stand out. The first phase in the Clearfork Academy model challenges our clients to stand still for just a moment to discover and assess what is really going on in their lives. It gives them a moment to just be present.

## and **LOOK**

The looking stage is the moment where the client begins to understand and assume a new perspective about their situation. Evaluating their lives by looking at their inventory is a key component to recovery and revival.



## **ASK** for the ancient paths, where the good way is,

Asking for help and asking the hard questions can be obstacles for many, especially teens, but with help from our team our clients are able to confront the challenges in their lives by asking "Why?"

## and **WALK** in it

This is a pivotal step in the journey of recovery where we ask the client to walk it out. To walk out the steps that they have learned fearlessly knowing that they now have a community and support system to lift them up if they fall.



## and you will find **REST** for your souls.

The client must take time to rest, not on their laurels but rather getting off of the defensive and becoming proactive in recovery. This management phase is important for self-care. You are no good to anyone if you are not taking care of yourself.



ClearforkAcademy.com | 817-382-8463

